

PHASIT KANASIRICHAINON

Registered Dietitian

Tel. (+66) 85 359 0997

Email pasit.k88@gmail.com

Address 29/91 Rim Klong Bang Kho Rd., Bang Kho, Chom Thong, Bangkok

Career Objective

Experienced, energetic, and ethical registered dietitian with over 10 years of experience effectively creating various food and nutrition media using for communication. Experienced in public speaking, facilitating, and developing nutritional recommendation.

Additional Skills

- Effective counseling
- Critical Thinking
- Problem-solving
- Teamwork
- Interpersonal communication

Work Experience

2014 - Present

Network of Fatless Belly Thais
Thai Health Promotion
Foundation

Speaker, Dietitian

- Be a speaker in nutrition and NCDs prevention topic and facilitate nutrition workshop with dietitian team
- Create food and health contents for publicizing

2022 - 2023

Thonburi Bamrungmuang
Hospital

Clinical Dietitian

- Provide nutritional counseling to patients by various psychological counseling technique
- Create health and document for communicating with patient and general people

2020 - 2022

Eat Well Concept co.
Private company

Chief Technology Officer, Dietitian

- Develop and operate health application SAKID
- Manage the health articles which published on company website
- Perform public speaking in health and nutrition topics
- Provide nutritional counseling to clients

2016 - 2022

Plan for fit team
(Fit together co.)
Private company

Content Editor, Dietitian

- Create nutrition, health and fitness content for using in wellness program, and perform internal training to team
- Collaborate with fitness trainer for designing food and exercise program for clients

2010 - 2016

Chulalongkorn hospital
Bangpakok 9 International
APEX profound beauty
Theptarin hospital

Dietitian, Researcher

- Provide nutritional care for various fields of patients
- Create nutritional and health media for using in counseling and education

Education

2006 - 2010

Chulalongkorn
university

Bachelor of Science in Nutrition and Dietetics

GPA 3.48

Certifications

since 2021 **Practitioner in the Art of Healing, Dietetic (RD 204)**

Profession Commission (Thailand)

Language Thai, English, Japanese

since 2011 **Certified Dietitian of Thailand (CDT)**

Thai Dietetic Association

TOEIC Listening 400 Reading 365

2018 **Weight loss specialist (ACE approved)**

Fitness Innovation (Thailand) Limited

Computer MS Office, INMUCAL

Expertise Personal Trainer Certification

Plan for fit team

Sport massage in Upper Quadrant certification

Sport massage in Lower Quadrant certification

Muscle testing in Upper Quadrant certification

FIXME Medical and Physio Clinic

2017 **"How to be a professional speaker" course**

Thammasat university

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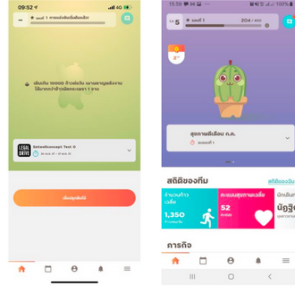
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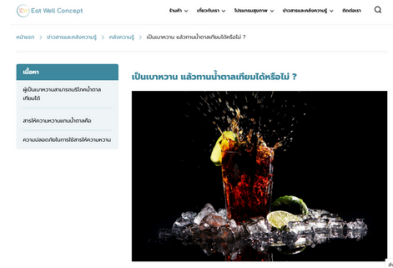
Achievements



Manual for “Exercise for Thai monk” under “Song Thai Glai Roak” project



Health mission algorithm in Behavior modification application “SAKID” under Eat Well Concept co.



Proof-read and manage content in website Eat Well Concept



Content and article creator for “Network of Fatless Belly Thais”



More than 50 organizations where performing public speaker and workshop in health and nutrition topic